



CAREER RESOURCES FOR CENTRAL MN HIGH SCHOOL PROFESSIONALS

Contact Angie Dahle, Rural Career Counseling Coordinator (RC3) for More Info: angie.dahle@csjobs.org

YOUTH & YOUNG ADULT EMPLOYMENT & TRAINING PROGRAMS

CareerONE: Ages: 14-17. *CareerONE* is a free summer work-readiness and employment program for youth. It helps teens learn career skills, earn a stipend, and explore local industries. Contact Phil.Ruegemer@CSJobs.org 320-333-2139

WIOA Young Adult: Ages: 16-24. *WIOA Young Adult* program is a federally funded initiative that provides education, training, and employment services to young adults who face barriers to entering the workforce or continuing their education. Contact Angela: Angela.Schmitz@csjobs.org 320-260-4219

Work Experience: Ages 18-24. *Work Experience* is a structured, short-term work opportunity. It places individuals with limited work history in private, public, or non-profit businesses to build hands-on skills, gain industry exposure, and transition into permanent employment. Contact Angela: Angela.Schmitz@csjobs.org 320-260-4219

Youth at Work (YAW): Ages: 14-24. *YAW* is a state-funded employment program designed to help young adults build work skills, explore different career paths, and earn money or high school credit. Call Career Solutions: 320-761-3750

Youthbuild: Ages 16-24. *Youthbuild* is for youth who have dropped out of high school or are at risk of dropping out, who have an opportunity to learn construction trades while contributing to their community. Contact Nour: Nour.Mohamed@csjobs.org 320-761-3648

Youth Skills Training (YST) Program: *YST* is a MN DLI initiative that partners local schools with employers. It provides students with safe, paid work experience, classroom instruction, and industry-recognized credentials in high-demand fields.

Youth Apprenticeship (YA): Ages: 11th-12th graders. *Youth Apprenticeship* programs are approved career & tech ed programs that provide students with in-depth technical instruction both at school and at an employer partner's worksite.

CAREER EVENTS

Monthly Hiring Events: Field Trip? 10-15 local businesses attend these events on the 2nd Tuesday of the month, 10 am-12 pm, open to the public at CareerForce -St. Cloud. Questions? Contact: Kelly.gerads@state.mn.us 320-493-2048

Host a Fob Fair at YOUR High School: You supply the space and tables; we get the employers there! Perhaps in the spring, when teens are looking for summer jobs? Contact Angie at Career Solutions: Angie.Dahle@csjobs.org



Welding Discovery Day: Students can attend *Welding Discovery Day* to learn about job openings, insight from local welders, and test out equipment & gear. Contact Kim at Career Solutions: kim.randall@CSJobs.org 320-761-1860

CDL Discovery Day: Field Trip? Students can attend *CDL Discovery Day* to learn about job openings, insight from local CDL drivers, and do a truck pre-trip inspection. Contact Hassan at Career Solutions: hassan.omar@csjobs.org 320-417-8671

EPIC (Exploring Potential Interests & Careers) Student Day Field Trip? Ages: 10th Graders. *EPIC* is one of the largest hands-on career exploration events in Central MN, held in Oct.

Construct Tomorrow: Field Trip? Bring your students to a hands-on career exploration event for the local construction union trades. [Construct Tomorrow](#)

Tour of Manufacturing: Field Trip? Bring your students to local Central MN manufacturers for tours and insight into manufacturing careers. Held in Oct. [Tour of Manufacturing](#)

SCTCC Summer Career Programs & Camps: [SCTCC camps](#)

RECORDED JOB SEARCH WORKSHOPS

[CareerForce Workshops](#)

CAREER PATHWAY RESOURCES

Career Pathway Infographic Posters for your School: The [Career Pathway Infographics](#) posters outline occupations within industries, occupation descriptions, average wages, & education required.

Occupation Videos: [CareerOneStop](#) [Careers Out There](#)
Career Exploration site: [DEED's Career Pathways Tool](#)

CAREER ASSESSMENTS

Interests: [CareerForce Interest Profiler – Interest Assessment](#)
[Your Free Career Test](#)

Skills: [Career One Stop Skills Matcher](#)

Values: [Work Values Matcher](#)

INTERNS FOR YOUR HIGH SCHOOL

Outreach to Schools (OTS): Does your school need an intern in your career guidance counseling office? Career Solutions places local college interns in high schools in Stearns & Benton counties to assist students with career exploration and post-secondary education activities. The [OTS](#) activities complement the work of existing school counselors. Contact Trisha: Trisha.Welle@csjobs.org 320-761-3750